

Joint Meeting of the
IOWA MENTAL HEALTH AND DISABILITY SERVICES COMMISSION
and the
IOWA MENTAL HEALTH PLANNING AND ADVISORY COUNCIL
October 18, 2018, 1:00 pm to 3:00 pm
Polk County River Place, Room 2
MEETING MINUTES

MHDS COMMISSION MEMBERS PRESENT:

Thomas Bouska	John Parmeter (phone)
Thomas Broeker	Rebecca Peterson
Dennis Bush (phone)	Rick Sanders
Jody Eaton	Richard Whitaker (phone)
Kathryn Johnson (phone)	Russell Wood
Betty King (phone)	Lorrie Young
Geoffrey Lauer	
Brett McLain (phone)	

MHDS COMMISSION MEMBERS ABSENT:

Marsha Edgington	Representative Scott Ourth
Sharon Lambert	Senator Liz Mathis
Senator Mark Costello	
Representative David Heaton	

MENTAL HEALTH PLANNING AND ADVISORY COUNCIL MEMBERS PRESENT:

Teresa Bomhoff	Jim Donoghue
Anna Killpack	Kenneth Briggs
Brenda Lechner	Kimberly Wilson (phone)
Carole Police	LeAnn Moskowitz (phone)
Dennis Sharp	Lee Ann Russo
Diana Langfield	Michele Tilotta
Donna Richard-Langer	Nathan Nash
Earl Kelly	Sharon Lambert (phone)
George Estle	Todd Noack (phone)
Harry Olmstead (phone)	Heather Thomas
Heather Thomas	
Jennifer Vitko	
Jim Cornick	

MENTAL HEALTH PLANNING AND ADVISORY COUNCIL MEMBERS ABSENT:

Brad Richardson	Kathleen Goines
Gary Keller	Kris Graves
Jim Chesnik	Michael Kaufmann
Jim Rixner	Rosie Thierer
Josh Kuhn-McRoberts	Sharon Lambert
Julie Kalambokidis	Todd Lange (phone)

OTHER ATTENDEES:

Barb Anderson	Department of Education
Theresa Armstrong	MHDS, Bureau Chief Community Services & Planning
Kris Bell	Iowa Senate Democrats Caucus Staff
Erin Cubit	Iowa Hospital Association
Christie Gerken	Iowa Advocates for Mental Health Recovery
John Hedgecoth	Amerigroup
Jane Hudson	Disability Rights Iowa
Linda Kellen	Department of Inspections and Appeals
Julie Maas	MHDS, Community Services & Planning
Tony Raymer	Candeo
Flora Schmidt	IBHA
Rik Shannon	DD Council
Kelsey Thien	House Democrats Caucus Staff

WELCOME AND CALL TO ORDER

Jody Eaton, chairing the MHDS Commission meeting, and Mental Health Planning Council
Chair Teresa Bomhoff called the meeting to order at 1:01 pm.

Jody Eaton and Teresa Bomhoff led introductions.

MHDS Commission Overview –

Jody said the MHDS Commission was created by state statute, and its membership is prescribed by Iowa Code. The Commission must be composed of representatives from counties, providers, MHDS Regions, Department designees, consumers of services and their family members, advocates, and non-voting legislative members.

Jody said the Commission is responsible for making certain recommendations to the Department on changes or improvements to the mental health and disability services (MHDS) system. The Commission is also responsible for adopting administrative rules relating to mental health or disability programs.

MHPC Overview

Teresa Bomhoff shared an overview of the Mental Health Planning Council and its activities. Teresa reviewed the Council's purposes and membership requirements.

The Council has three purposes:

1. To review Iowa's Mental Health Block Grant Plan and make recommendations to DHS.
2. To serve as an advocate for adults with serious mental illness, children with serious emotional disturbance and their families, and other individuals with mental illness.
3. To monitor, review, and evaluate, not less than once each year, the allocation and adequacy of mental health service within the state.

Planning Council Membership:

- Not less than fifty percent of the members of the Council are individuals who are not State employees or providers of mental health services.
- Seven members represent the principal State agencies responsible for mental health, education, vocational rehabilitation, criminal justice, housing, social services, and the State Medicaid Agency

- Six members represent public and private entities concerned with the need, planning, operation, funding, and use of mental health services and related support services
- Six members represent adults in recovery who have lived experience with serious mental illness (who are receiving or have received mental health services)
- Four members represent family members of adults with serious mental illness
- Six members represent parents, guardians, or primary caretakers of children and adolescents with serious emotional disturbance
- Four members represent other individuals with an interest in mental health issues
 - In 2010 the Iowa Legislature acted to require that the membership include a military veteran who is knowledgeable concerning the behavioral and mental health issues of veterans
 - To improve coordination between mental health service and substance abuse services, the Council includes a representative from the Iowa Department of Public Health (IDPH)

MHDS Update

Theresa Armstrong gave an update on workgroups. The legislative interim committee on MHDS regional funding had one meeting focused on getting historical information for new committee members and to set the stage for future meetings. Theresa said that the Tertiary Care Workgroup that is looking into the requirements for tertiary care hospitals, eligibility, and characteristics of hospitals has two meetings left on October 22 and November 13 and a report due November 30th. The report will be on the webpage once it's submitted. The Commitment Process Workgroup has its report due the end of December and their last meeting is on November 9.

Theresa said that IDPH has a workgroup that is looking at rates for residential and outpatient SUD services as well as if there are enough community mental health centers in the state. They have a report due the middle of December. Theresa said this report will not be on the DHS webpage since it is an IDPH workgroup.

Theresa said the Children's System State Board had two meetings and have two meetings left on October 26 and November 8 with a report due on November 15th. Theresa said the Board was created from Governor Reynold's Executive Order 2 and is co-chaired by the Department of Education and the Department of Human Services. The Board is looking at: eligibility for the children's system and are leaning towards under 26, a minimum set of behavioral health services, state and local oversight, codifying the children's state board, and are still looking at funding. Theresa said the AEA organized nine listening posts across the state for the Board to get additional input from the public and that information will be available at the next Board meeting.

Theresa said that IME has a health home workgroup to lay out a vision of what health homes should like and have a meeting scheduled for the end of October. They also have a report due to the legislation. Theresa said that IME/MHDS are internally reviewed ACT reimbursement rates and have a report due December 15th.

Anna Killpack, a member of the commitment workgroup said that the workgroup is looking at adding psychiatric deterioration to the commitment criteria. Anna said that may be a misconception that we have open beds and people are waiting because they don't fit the criteria but there are individuals who don't get into beds until someone is

discharged and hospitals report that every week someone is waiting more than 24 hours for a bed.

Iowa State Association of Counties Legislative Priorities

Jamie Cashman introduced himself and thanked the Commission and Council for inviting him to speak about ISAC's legislative priorities for 2019. Jamie said that regarding regional funding ISAC is asking to get rid of caps and allow counties to determine their own levy and to get rid of the 20-25% restrictions. Jamie said that the counties need resources to start and maintain new services and will need resources for the children's system. Jamie said they are interested in looking at an increase in sales tax but don't want to get rid of the levies since they provide a stable funding source and a change in sales tax would take an amendment to Iowa's constitution which requires two general assemblies and a vote from the people.

There was discussion on how the sales tax increase would impact the poor and how it is being recommended only if there aren't changes with the levy system. There was discussion on general funds being appropriated and how that is not ideal since it isn't a reliable funding source.

Discussion of Legislative Recommendations

Teresa Bomhoff presented a list of legislative priorities from the Council. The priorities included funding a children's mental health system and core services, moving mental health to Iowa Department of Public Health, eliminating managed care, adequately funding the adult mental health system, addressing workforce shortage, mental health parity, and stopping the criminalization of mental illness.

There was discussion on moving mental health to the Iowa Department of Public Health and the potential positives and negatives that could occur. There was discussion on creating new silos in the attempt to get rid of old silos. There was discussion on the importance of mental health and substance use disorder being integrated.

Geoff Lauer presented the Commission's draft legislative priorities which include sustainable funding for MHDS Regions, adequate reimbursement rates for providers, adding transportation as a core service, developing a robust Medicaid program with a full array of services, eliminating the Home and Community-Based Services (HCBS) waiver waiting list, developing a children's mental health system, and building a workforce development program for mental health providers.

Public Comment

None

The meeting was adjourned at 3:01 pm.

Minutes respectfully submitted by Julie Maas.